

RECEIVED

By Topsfield Town Clerk at 8:45 am, Dec 11, 2023

Agenda
School Council
12/19/23
8:00am-8:45am
LOCATION: STEWARD SCHOOL

Members:

Talisa Rafferty-Parent
Megan Zink-Parent
Mariya Stankova-Parent
Carroll Willa-Principal
Beth Matthews-Reading Specialist
Mindy Swanson-Music Teacher
Karen Nawoichki-3rd Grade Teacher
Chelsea Ford-2nd Grade Teacher

- *School Improvement Plan
- *Budget
- *Podcast-Beyond Awareness
- *School Council Read Aloud
- *Other

<p style="text-align: center;">Self-Management</p> <p>Self-management is the ability to regulate one's emotions, thoughts, and behaviors effectively in different situations. This includes managing stress, delaying gratification, motivating oneself, and setting and working toward personal and academic goals.</p>	<p style="text-align: center;">Self-Efficacy</p> <p>Self-Efficacy is the belief in one's ability to succeed in achieving an outcome or reaching a goal. This belief, specific to a task or an area of knowledge or performance, shapes the behaviors and strategies that help one pursue their goal.</p>
<p style="text-align: center;">Social Awareness</p> <p>Social Awareness is the ability to take the perspective of and empathize with others from diverse backgrounds and cultures; to understand social and ethical norms for behavior; and to recognize family, school, and community resources and supports.</p>	<p style="text-align: center;">Growth Mindset</p> <p>Those with a growth mindset believe that ability can change as a result of effort, perseverance, and practice</p>