

Proctor School Council
November 14, 2019
8:00 to 8:45
Proctor School
Principal's Office
Agenda/Minutes

2019 NOV -4 PM 12:19
RECEIVED
TOWN CLERK
TOPSFIELD, MA
Posted 11/4/19 12:30 pm

What is School Council

Review responsibilities of School Council

Review of School Improvement Plan

School Council Read

Two possible choices...

Option 1:

[iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy--and Completely Unprepared for Adulthood--and What That Means for the Rest of Us](#) by Jean M. Twenge PhD

Book Description from Amazon

A highly readable and entertaining first look at how today's members of iGen—the children, teens, and young adults born in the mid-1990s and later—are vastly different from their Millennial predecessors, and from any other generation, from the renowned psychologist and author of *Generation Me*.

With generational divides wider than ever, parents, educators, and employers have an urgent need to understand today's rising generation of teens and young adults. Born in the mid-1990s to the mid-2000s and later, iGen is the first generation to spend their entire adolescence in the age of the smartphone. With social media and texting replacing other activities, iGen spends less time with their friends in person—perhaps why they are experiencing unprecedented levels of anxiety, depression, and loneliness.

But technology is not the only thing that makes iGen distinct from every generation before them; they are also different in how they spend their time, how they behave, and in their attitudes toward religion, sexuality, and politics. They socialize in completely new ways, reject once sacred social taboos, and want different things from their lives and careers. More than previous generations, they are obsessed with safety, focused on tolerance, and have no patience for inequality. iGen is also growing up more slowly than previous generations: eighteen-year-olds look and act like fifteen-year-olds used to.

As this new group of young people grows into adulthood, we all need to understand them: Friends and family need to look out for them; businesses must figure out how to recruit them and sell to

them; colleges and universities must know how to educate and guide them. And members of iGen also need to understand themselves as they communicate with their elders and explain their views to their older peers. Because where iGen goes, so goes our nation—and the world.

iGen author, by Jean M. Twenge PhD, TED talk
https://www.youtube.com/watch?v=UA8kZZS_bzc

Option 2:

UnSelfie: Why Empathetic Kids Succeed in Our All-About-Me World by Dr. Michele Borba

Book Description from Amazon

Hailed as “an absolute must-read” (Jean Twenge) and a book that “will change your kids’ lives” (Jack Canfield), *UnSelfie* by Dr. Michele Borba explains what parents and educators MUST do to combat the growing empathy crisis among children today—including a 9-step empathy-building program with tips to guide kids from birth through college, and beyond.

Teens today are forty percent less empathetic than they were thirty years ago. Why is a lack of empathy—which goes hand-in-hand with the self-absorption epidemic Dr. Michele Borba calls the Selfie Syndrome—so dangerous? First, it hurts kids’ academic performance and leads to bullying behaviors. Also, it correlates with more cheating and less resilience. And once children grow up, a lack of empathy hampers their ability to collaborate, innovate, and problem-solve—all must-have skills for the global economy.

In *UnSelfie* Dr. Borba pinpoints the forces causing the empathy crisis and shares a revolutionary, researched-based, nine-step plan for reversing it.

The good news? Empathy is a trait that can be taught and nurtured. Dr. Borba offers a framework for parenting that yields the results we all want: successful, happy kids who also are kind, moral, courageous, and resilient. *UnSelfie* is a blueprint for parents and educators who want to kids shift their focus from *I, me, and mine...* to *we, us, and ours*.

Dr. Michele Borba, author of *Unselfie*, TED Talk
<https://www.youtube.com/watch?v=tVTiplEG91s>