

Peg Beauregard

From: CHARLOTTE O'TOOLE <cmotoole@aol.com>
Sent: Monday, July 02, 2018 5:27 PM
To: rogwayne@verizon.net; Peg Beauregard
Subject: COA BOD Mins. 5/8/2018

TOPSFIELD COUNCIL ON AGING BOARD OF DIRECTORS MEETING NEW TOWN HALL, 461 BOSTON ST., TOPSFIELD, MA MAIN CONFERENCE ROOM, MAY 8, 2018 4:00 PM

PRESENT: Ruth Lucy, Jolene Guerra, Florence Brady, Lynne Bermudez, Bette Cullinan, Martha Davis, Charlotte O'Toole, Penny Rogers.

OTHERS: Kathy Faust, Friends of the COA Liaison; Paula Burke, COA Director; an interested Topsfield resident and a prospective board member, Kim Love.

I. APPROVAL OF THE APRIL BOARD MEETING MINUTES:

Approved with 8 Ayes, 0 Nays, with the inclusion of the following Dementia-Friendly Community Update:
" As of 3/19/2018, 125 residents attended (not trained) dementia friendly sessions. The Fire Dept. received special training from Alzheimer's Assoc. on 4/2/2018. On 5/30, municipal and library staffs will attend a customer service training through the Alzheimer's Assoc.
TRIAD will have Dementia-Friendly materials at the Strawberry Festival on June 9th, in partnership with Topsfield's Dementia Friendly Team.
Three Masco students who have been trained as Dementia Friends, will be conducting informational sessions for high school students in upcoming weeks. "

II. DIRECTOR'S REPORT:

- Town supported COA at recent elections. The town will pay for additional monthly rent at Trinity until space is ready at Town Hall for programs.
- Peg will use the top floor space in remodeled Town Hall. Beth and Paula will share office space. Town will pay for new desks and chairs that will be part of office, but not sofas, etc. Looking for space for attendance takers and tax write off people to work outside COA rooms.
- Town Hall is scheduled to be completed by the end of September. Programming will follow a month later.
- Volunteer Appreciation will take place at Wenham Tea House for 50 people at 10:30 on 6/4/2018.
- Planning is going forward for the 45th Anniversary of COA on 6/21 at Trinity. This will be a multigenerational function. A Dementia Friendly informational session will be presented prior to the dinner at 4:45.
- Dave Rogers, owner of the karate studio in Topsfield, will be conducting Tai Chi classes 1x/mo. for seniors in the summer.
- To celebrate the anticipation of the 200th anniversary of the Topsfield Fair, James O'Brian will talk about the Fair's history and Gobblers will be served on 5/10.
- Maggie Chiffer will continue working on Dancing Out Dementia this summer as well as helping update the Scoop and will lead the July book club.
- Elder Abuse Awareness Day is June 15th and new protocols will be in place. Maggie will take the initiative.
- Town Hall will be closed on Fridays as of 6/1.

III. FRIENDS LIAISON REPORT:

- The Texas Roadhouse fundraiser will not be happening. Raffles will be held at the Strawberry Festival.
 - Letters went out for people to renew their membership. Hopeful people will make donation beyond membership fee.
 - Paula and Penny attended the last Friends Meeting. The Friends are a 501-3c organization. Their funds are designated to be used for the needs of seniors and not to be used by the Town Hall Building Committee.
- Funding by the Institution for Savings for COA furnishing needs, is unknown.

Having shared kitchen is an issue for the Friends. An itemized list of cost for various kitchen components will be given to Paula soon. Costs vary between \$35,000 and \$60,000 to complete. The

Board of COA supports the work of the Friends and using funds raised by the Friends for town senior needs.

IV. OLD BUSINESS:

Lynne Bermudez reported that with 351 towns in Massachusetts, 25% of the people so far who have attended an informational session on dementia are from Topsfield. On July 11th, at the Moakley Courthouse in Boston, there will be a Dementia Friendly training for some employees presented by Lynne Bermudez and Bette Cullinan.

-The Intergenerational update: Elaine Crippen and Paula will meet quarterly to fulfill grant requests. On 5/24, at a regular Dance Out Dementia session, Daisy Scouts will join seniors for a "Mother Earth Tea". The Daisy Scouts will run a presentation on recycling for seniors. The IG group wants to continue with events that combine youngsters with seniors that will benefit the whole town. Maggie has incorporated her work as a Dementia Friendly Champion in working with Daisy Scouts as well as Masco students.

V. NEW BUSINESS:

-Vote taken on potential BOD Member, Kim Love. Motion made and seconded to have Kim join the board. Motion passed. 8 Ayes, 0 Nays.

-My Senior Center Software Sponsorship- pop up ads on the scanning in of seniors for activities. Less money to use the scanners if ads are present. Will see how it works when we visit the COA in Essex on May 15th.

VI. OTHER:

-Riverbend in Ipswich will host the third film in a series on dementia, "Being Mortal" on Tues. 6/12. The book is written by a physician about end of life decisions. Friends will pay for about 3 copies of the book. The library can get the previous films, "Inside Alive" and "I'll Be Me".

- A Senior Care handout will be scanned and attached to the minutes.

-The BOD is not able to meet on June 12, 2018. Will meet again in July. Motion made to not meet in June and seconded. 9 Ayes, 0 Nays.

-Motion made and seconded to adjourn the meeting at 5:20 PM. 9 Ayes, 0 Nays.

Next meeting is on July 10th in the Conference Room of the New Town Hall at 4:00 PM.

Respectfully submitted by Charlotte O'Toole, Recording Secretary

CHARLOTTE O'TOOLE
cmotoole@aol.com