

TOPSFIELD COUNCIL ON AGING BOARD OF DIRECTORS MEETING

June 13, 2023 4:00 PM

TOPSFIELD TOWN HALL, 8 WEST COMMON STREET

PRESENT: Chair Penny Rogers, Vice Chair Lynne Bermudez and members Kim Love, Bill Quinn Jr., George Berube, Kendra Berube, Joan Chiffer, Elaine Crippen, Hannah Adelman-Menzer, Steve Walsh and Rusty Brady.

OTHERS: COA Director Kathleen Barbarisi and Associate Member Charlotte O'Toole

The Chair called the meeting to order at 4:06 p.m.

I. APPROVAL OF APRIL MINUTES:

Elaine Crippen made a motion to approve the minutes of May 9, 2023. It was seconded by George Berube and the motion carried 11-0.

II. DIRECTOR'S REPORT:

- COA Director Kathleen Barbarisi informed the board that the HomeGrown Market will take place on the 3rd Thursday of the month from June-September from 5:00-7:00 PM.
- Dailly programs have been added into the calendar, "Decluttering with Lisa" and "Quilting with Sue."
- Not many people have signed up for the "Travelling Chef" meals. It was suggested that maybe pictures can be taken of the menu so that COA can advertise this gathering and the meals that were made on the website, hopefully to bring in more interest. Also, there were mixed reviews about the quality of the food but members have indicated that the meals have improved recently.
- Trips changing in September to accommodate the changes of opening and closing of trip sites. Clients will be driven to doctor appointments on Tuesdays and trips will take place on Thursdays.
- Fireside poetry has been going great and 18 people attended the last gathering.
- The July and August newsletter is currently being worked on.
- No COVID clinics have been scheduled for now. Seniors can still make appointments for vaccinations through the COA, Board of Health and local pharmacies. There will be a new booster in the Fall for the new COVID strain.

III. REPORTS:

1. FRIENDS LIAISON:

According to COA Liaison Elaine Crippen:

- The Friends do not meet from June through September.

2. COMMUNITY CONNECTIONS (Dementia-Friendly Team, Intergenerational, Craft Connections):

According to Dementia Friendly Liaison Joan Chiffer:

- Great response from the D.F. workshop on "Brain Health" last week.
- Joan's Yoga classes have been going great! She has been receiving great feedback from clients indicating improvements in their health.

Intergenerational Liaison Hannah Adelman-Menzer

- No update but Associate Member, Charlotte O'Toole, informed the board that it would be nice to bring the seniors to MASCO for some musicals that the school performs and gets great reviews from the public. Shows usually run for around \$10 a play. Maybe seniors might be interested in volunteering as well. Charlotte will try to get the main contact at MASCO regarding these shows.

Craft Connections Liaison Kendra Berube:

- Card making has been going well and getting great attendance. .

IV. OLD BUSINESS:

- Plans to offer Topsfield COA a 2013 Ford Explorer police vehicle that they will no longer be using, has been confirmed and on the Select Board agenda for further discussion.
- The COA bus can not be kept in the town-only garage anymore. It would be nice to keep it in the public parking lot but there are fears of the bus being vandalized.
- Membership Update: Several board members are up for membership renewal. Vice Chair Lynne Bermudez chose to not renew her Membership. Penny Rogers, Stephen Walsh and Joan Chiffer agreed to renew their membership on the Board.

V. NEW BUSINESS:

- None at this time.

VI. OTHER:

- Associate Member, Charlotte O'Toole, would like to become a member again. If voted on as a returning member, Charlotte can attend the July meeting as a member beginning that month.
- Steve Walsh made a motion to vote that the board change Charlotte O'Toole from Associate Board Member to Board member. It was seconded by Elaine Crippen and the motion carried 11-0.

Lynne Bermudez made a motion to adjourn the meeting. It was seconded by Joan Chiffer and the motion carried 11-0 at 4:45 p.m.

**Next meeting will be July 18, 2023.
There will be no meeting in August.**

Respectfully submitted,

Kim Love

Recording Secretary/Clerk

DOCUMENTS:

- Agenda
- Draft Meeting Minutes – May 9th, 2023